



14th January 2025

Dear parents/carers

I hope this letter finds you well. I am writing to inform you about an exciting opportunity that will be occurring on Wednesday, 22nd January, during our P5 lesson. We are thrilled to announce that we will be hosting a Smashed PSHE session facilitated by an external provider, which promises to be both engaging and insightful for our students.

The hour-long event for Years 8 students begins with a theatrical performance charting the lives of three teenagers and their experiences with alcohol. This is followed immediately by an interactive workshop exploring:

- The social and emotional causes of underage drinking
- Its impact on young lives
- Social influence and decision-making
- Where and how to help yourself and others

The Smashed programme focuses on important issues. It is designed to empower young people, helping them to make informed choices and to understand the impact of their decisions on themselves and others. The interactive nature of the session will encourage our students to share their thoughts and experiences in a safe and supportive environment.

We encourage you to discuss the session with your child before it takes place, as this can help them feel more prepared and comfortable. It's a great opportunity for them to explore concepts that are vital to their personal development. For further information regarding the Smashed programme, please visit the link provided: [Smashed PSHE Information](#).

Should you have any questions or concerns, feel free to reach out. We appreciate your support in enriching our students' educational experience.

The provider of the session has asked if you could encourage our Year 8 students to complete this survey ahead of the session: [Smashed Live GB 2024/25 – Student Pre Survey](#)

Thank you for your continued partnership in your child's education.

Yours faithfully,

Mr Haymes

Specialist Leader of Geography