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Stoke Road, Methwold, Thetford, Norfolk, IP26 4PE



Dear Parents/ Carers,

I hope this letter finds you well.

I am writing to you with details of next week's Sports Day. Sports Day 2025 will be held on Thursday 17<sup>th</sup> July. Pupils have already had a year group assembly regarding the event and have been given the following details. I would be grateful if you could remind them of these, ready for Thursday. Please see our timetable for the day below. Pupils will be based in year groups for the 'morning' events carousel. All pupils will be on the field in their communities ready for the afternoon events on the track.

## THE MAIN EVENTS:

- JAVELIN
- DISCUS
- SHOT
- LONG JUMP
- HIGH JUMP
  - 800m
  - 1500m
  - 100m
- 200m
- 8x200m relay
   4x100m relay

# THE EXTRA EVENTS:

- Pétanque
- Tug of War
- Penalty Shootout
- Netball shootout
  - Team Skip
- Target Javelin
- Beanbag Throw

#### FORM ACTIVITIES:

A chance to win points for your community in an Olympic quiz

# EPIC OLYMPIC MOMENTS:

A chance to relive some of the greatest Olympic moments ever, to inspire you to greatness across your events during the day...

PUPILS ROTA				
	Year 7	Year 8	Year 9	Year 10
08.40-09.00	REGISTRATION-ALL PUPILS IN FORMS WITH TUTORS			
09.00-09.45	MAIN EVENTS PARTICIPATION AND SPECTATING	EPIC OLYMPIC MOMENTS	FORM TIME ACTIVITIES	EXTRA EVENTS
10.00-10.45	EXTRA EVENTS	MAIN EVENTS PARTICIPATION AND SPECTATING	EPIC OLYMPIC MOMENTS	FORM TIME ACTIVITIES
10.45-11.30	LUNCH			
11.30-11.45	AFTERNOON REGISTRATION- ALL PUPILS RETURN TO FORM ROOMS.			
11.45-12.30	FORM TIME ACTIVITIES	EXTRA EVENTS	MAIN EVENTS PARTICIPATION AND SPECTATING	EPIC OLYMPIC MOMENTS

12.45-13.30	EPIC OLYMPIC	FORM TIME ACTIVITIES	EXTRA EVENTS	MAIN EVENTS
	MOMENTS			PARTICIPATION
				AND SPECTATING
13.30-13.45	FINAL REGISTRATION-ALL PUPILS GATHERED IN CURRENT AREAS BY TUTORS.			
13.45-15.15	ALL OUT ON THE TRACK FOR AFTERNOON EVENTS			

All pupils may come to school in PE kit on Thursday 17<sup>th</sup> July. Hopefully, the weather will be kind to us, and we can enjoy these events in the sunshine. Please ensure that your child has plenty of water to drink, snack if wanted, sun cream and a hat. There will be one 'lunchbreak' where the canteen will serve food as usual. We are quite happy for children to bring additional snacks to eat at appropriate times during the afternoon. The PE Team will not be collecting valuables so please ensure pupils do not bring anything of value with them on Sports Day.

In line with our tradition since 1979, we will be awarding the pupils who win the most events with the Victor and Victrix Ludorum trophies. I have included our past winners below, along with our sports day records......can you spot your name? Will any of your children go down in Iceni history and add their names to these prestigious lists?

We regret that parents and carers will not be able to join us, due to lack of parking space, owing to all pupils being on the field during the afternoon's track event. We will of course, take lots of pictures and post these with relevant permissions on our social media platforms.

Please encourage your child to get involved in what we hope they find to be an enjoyable day of sport and activities! And with a bit of luck, we may see the breaking of some of the records below!

Kind regards,

Rebecca Bradley

Specialist Leader of PE





#### **SCHOOL ATHLETICS RECORDS - BOYS**

YEAR 7 YEAR 8

100m 100m

Kyran Stannard '08 13.16 secs C Baylis '83 13.2 secs Allan Deacon-Davey '03

200m 200m

C Baylis '83 27.6 secs Samuel Rolph '14

26.60secs

13.2secs

400m 400m

A Custerson '76 67 secs M Lamb '81 60.5 secs

800m 800m

Samuel Rolph '13 2.41mins Samuel Rolph '14

2.29mins

1500m 1500m

Callum Thorogood '10 5.37 mins J Allen '81 5.06.5 mins

Shot Put Shot Put

Manny Francis '13 6.26m A Rose '79 10.26m

Javelin Javelin

Alfie Ellis '14 17.60m M Cooper '79 29.64m

**Discus Discus** 

Calvin Ruch '13 16.30m Ian Henderson '98

26.01m

High Jump High Jump

Callum Roberts '13 1.35m I Blanchett '89 1.50m

Long Jump Long Jump

Jordan Harry '09 4.35m Alfie Burge '14 4.71m

Relay Relay

Trinity – '14 60.59secs Trinity – '15 56.55 secs





1. Lewis O'Malley

2. Bradley Coe

3. Joe Benfield

4. Teddy Webber

1. Lewis O'Malley

2. Bradley Coe

3. Joe Benfield

4. Teddy Webber

SCHOOL ATHLETICS RECORDS - BOYS (CONT)

YEAR 9 YEAR 10

100m 100m

Tom Deacon-Davey '08 11.67 secs T Deacon-Davey '09 11.53 secs

200m 200m

M Lamb '82 25 secs R Pearson '70 25 secs

400m 400m

S Merrick '87 58.5 secs S Merrick ' 88 56.4 secs

800m 800m

Joe Smythe '16 2.23.86 secs Robert Badcock '10 2.19 mins

1500m 1500m

Joseph Whiting '10 5.18 mins S Currie '90 4.52.0 secs

Shot Put Shot Put

Shea Durrant '07 10.60m M Barker '00 12.60m

Javelin Javelin

Alfie Ellis '16 31.83m T Bruce '73 43.75m

**Discus Discus** 

Marcus Cobbold '09 25.15m Robert Curston '75 33.40m

High Jump High Jump

John Pearce '13 1.50m Louis Koffi '13 1.67m



**Long Jump** 

David Hogg '14 5.07m

Relay

Trinity '16 - 54.04 secs

1. Lewis O'Malley

2. Teddy Webber

3. Luke Corbyn

4. Bradley Coe

**Long Jump** 

I Bailey '70 5.97m

Relay

Athens '12 - 52.06 secs

1. Lewis Stevenson

2. Andrew Evans

3. Alex Clark

4. Lee Allen

## **SCHOOL ATHLETICS RECORDS - GIRLS**

Year 7 Year 8

100m 100m

Emily Reeve '05 13.90 secs T Precious '82 14.0 secs

200m 200m

Morgan Burt '06 29.09 secs Michaela Raine '13

27.29 secs

800m 800m

Asha Soanes '16 2.56.94 secs Tasmin Searle '07 2.50

1500m 1500m

Maddie Rolph '15 6.18 mins Tasmin Searle '07 5.51

secs

secs

Shot Put Shot Put

Bethany Peacock '13 5.74m C Goad '88 7.96m A Everett '94 7.96m

Javelin Javelin

Felicia Clark '14 12.85m E Robinson '83 23.90m

**Discus Discus** 

Sophie Leighio '14 14.20m R Dohman '86 20.10m



**High Jump** 

Georgia Oliver '13 1.28m Melissa Upson '13 1.28m

Long Jump Long Jump

Kayla Aspin '14 3.72m

Relay Relay

Sydney '08 – 66.03 secs

Annie Ramage
 Brittany Doran

3. Isabella Manning

4. Emma Zawiasa

Sydney '09 – 62.69 secs

1. Emma Zawiasa

**High Jump** 

C Nichols '90 1.36m

D Jackson '70 4.30m

2. Brittany Doran

3. Annie Ramage

4. Bella Manning

# SCHOOL ATHLETICS RECORDS – GIRLS (CONT)

Year 9 Year 10

100m 100m

D Sutton '77 13.2 secs Vicky Bunko '05 13.25

secs

47.31 secs

5.42.6

200m 200m

D Sutton '77 28.1 secs L Allen '75 28.3 secs

300m 300m

Karlynn Edgeller '10 46.08 secs Rebecca Vincent '10

400m 400m

J Robinson '85 68.08 secs J Hamilton '75 69 secs

800m 800m

Monique Reeve '07 2.48 E Perry '82 2.43.0

1500m 1500m

Claire Watkins '02 5.42.6 Claire Watkins '02

Shot Put Shot Put





Emily Reeve '07 7.33m

Javelin

**Discus** 

Rachel Breheny '07 16.90m

Discus

Javelin

D Jackson '73 26.9m

**High Jump** 

Ciona Giles '13 1.45m

Luca Spencer '08 21.01m

**High Jump** 

P Flaxman '77 1.51m

J Robinson '85 10.24m

D Jackson '73 26.6m

**Long Jump** 

Brogan Webber '08 3.97m

**Long Jump** 

L Allen '76 4.88m

Relay

Trinity - '14 61.09secs

1. Mille Bales

- 2. Ellen Jordan
- 3. Kayleigh Moon
- 4. Michaela Raine

# Relay

Trinity '15 – 60.68 secs

- 1. Millie Bales
- 2. Ellen Jordan
- 3. Kayleigh Moon
- 4. Michaela Raine

# **VICTOR & VICTRIX LUDORA SINCE 1979**

YEAR	JUNIOR GIRLS	JUNIOR BOYS	SENIOR GIRLS	SENIOR BOYS
1979	D Forsdyke	R Vincent	R Johnson	S Woods
			D Sutton	
1980	T Hurdle	C Withers	E Bean	R Aymes
1981	S Moore	M Lamb	C Blakemore	R Vincent
1982	T Precious	M Bird	T Henderson	M Lamb
1983	E Robinson	M Tuvey	R Gambrill	M Lamb
1984	L Payton	C Neville	E Robinson	M Evans
			J Robinson	M Tuvey
1985	L Guzewich	J Plumpton	L Payton	P Jones
1986	S Malkin	S Merrick	E Hatcher	C Neville
1987	S Neville	J Gaughan	L Guzewich	S Merrick
	K Milne		S Mulford	
1988	S Leet	S Parrott	P Mulford	S Merrick
1989	E Young	L Garner	R Kearton	J Gaughan
1990	S Jones	N Bailey	B Tellyn	K Dean-
	M Daniels			Weatherley/





				L Garner
1991	A Millard	G Holmes	C Wharf	L Garner
1992	L Eyles	M McCabe	S Jones	M Paddick
1993	J Kelly	Daniel Corston	L Eyles	Darren Corston
1994	J Kelly	R Dixon	E Pymar	M McCabe
1995	N Anderson	J Adams	J Kelly	M Hammond
1996	S Reed	I McCabe	H Gill	K King
1997	K Fendley	M Barker	S Reed	B Hovell/ I McCabe
1998	K Herrington	M Barker/ I Henderson	V Lamb	I McCabe
1999	K Herrington	T Waring	T Finch	L White
2000	C Scarff	M Heath-Preston	T Finch	I Henderson
2001	S Snapes	S Dickson	C Morris	T Waring
2002	S Snapes	T Parham	J Hernandez	O Snapes
2003	E Hernandez	A Deacon-Davey	A Hague	G Downham
2004	J Ward	C Bowman	E Hernandez	J Taylor
2005	E Reeve	J Day	E Hernandez	S Hernandez
2006	E Reeve	A Burt	A Guy	S Hernandez
2007	Lucy Hogan	Tom Deacon- Davey	Emily Reeve	Aaron Burt
2008	Kiersten Deany	Simon Feast	Emily Reeve	Aaron Burt
2009	Abbie Long	Kyran Stannard	Brogan Webber / Tasmin Searle	Tom Deacon- Davey
2010	Holly Vowles	Jordan Harry	Karlynn Edgeller	Robert Badcock
2011	Holly Vowles	Ben Carter-Allen	Laura Patrick/ Charlotte Whisson	Joseph Whiting
2012	Millie Bales	David Hogg	Charlotte Whisson	Chris Golesworthy
2013	Michaela Raine	Samuel Rolph	Ciona Giles	Joseph Haire
2014	Jessica Webb	Alfie Burge	Millie Bales	David Hogg/Luke DeMeyer
2015	Maddie Rolph	Max Giles	Millie Bales	Euan Bradford
2016	Asha Soanes/Daisy Sutton	Kye Buckle	Melissa Upson	Lewis O'Malley
2017	Pesa Sekatawa	Jack Patrick	Nina Peate	Toby Ramsay
2018	Ellie Davies	Joseph Hicks	Nina Peate	Jamie Vowles Danny Hannigan





2019		Ethan Flack		
2020	Cancelled due to Covid			
2021	Lincoln Flack			
2022	Cancelled due to Heat Wave			
2023	Elodi Muller	Roman Richardson	Eleanor Brown	Alfie Williams
2024	Nancy Weal	Tristian Kenny	Emily Birt	Riley Leech
2025				

