



24th September 2025

Dear Parents/Carers

RE: Sex Education lessons

Over the coming academic year, all pupils will engage in their statutory Sex Education lessons as part of the schools PSHE curriculum. Here at Iceni Academy we believe that promoting the health and well-being of our pupils is an important part of their overall education. We do this through our PSHE curriculum. The aim of the PSHE course is to help our pupils make safe and informed decisions during their school years and beyond.

Relationship and Sex Education (RSE) is an important part of the Iceni Academy Curriculum. As part of the Sex Education unit we will teach lessons across the year which will include topics such as *“healthy one-to-one relationships, consent, STI’s, Contraception and, the law and dangers around sexually explicit digital media”*. During the lessons, pupils will be able to ask questions, which will be answered factually and in an age appropriate manner. Each pupil's privacy will be respected, and no one will be asked to reveal personal information. The majority of the RSE curriculum is compulsory in line with national guidance however *“parents have the right to withdraw their children from the non-statutory (sex education) components of sex education within RSE up to and until 3 terms before the child turns 16. After this point, if the child wishes to receive sex education rather than being withdrawn, the school will arrange this. Requests for withdrawal should be put in writing using as per our RSE Policy and addressed to the Principal. A copy of withdrawal requests will be placed in the pupil’s educational record. The Principal or a member of SLT will discuss the request with parents and take appropriate action. Appropriate and purposeful work will be given to pupils who are withdrawn from sex education. There is no right to withdraw from Relationships Education.”*

Many pupils will discuss issues covered in the Sex Education lessons with each other in broader society – so, rather than hear about the content second-hand, we hope all pupil’s will have the opportunity to take part in our carefully planned lessons. Many parents/carers and parent-related organisations support good quality RSE in school.

You may find that your child starts asking questions about the topic at home, or you might want to take the opportunity to talk to your child about issues before the work is covered in school. If you have any queries about the content of the programme or resources used, please do not hesitate to contact me.

Yours faithfully,

Mr Haymes

Specialist Leader of Geography