

Iceni Academy Secondary Menu {Week 1}



Week Commencing: **23rd Feb**, **16th Mar**, **27th Apr**, **18th May**, **8th Jun**, **29th Jul**

Monday

Tuesday

Wednesday

Thursday

Friday

Main
Option One

Macaroni Cheese
Garlic Bread served with Sweetcorn

Chicken Katsu Curry
Served with Fluffy Rice & Peas

Sausage & Mash
Served with Green Beans & Gravy

Beef Cottage Pie
Served with Roast Potatoes & Broccoli

Crispy Chicken Strips
Served with Chips & Baked Beans

Main
Option Two

Tomato & basil pasta
Served with Garlic Bread & Sweetcorn

Quorn Katsu Curry
Served with Fluffy Rice & Peas

Quorn Sausages & Mash
Served with Green Beans & Gravy

Vegetable chilli
Served with Rice & Tortilla Chips

Quorn Nuggets
Served with Chips & Baked Beans

Grab & Go

Pizzas, Bagels/Paninis
Cheese & Bacon
Turnovers, Croissants

Pizzas, Bagels/Paninis
Nachos,
Chicken Burger

Pizzas, Bagels/Paninis
Chicken Wraps,
Cinnamon Swirls

Pizzas, Bagels/Paninis
Pasta Pot,
Waffle Fries

Pizzas, Bagels/Paninis
Hash Browns

Dessert

See Our Daily Selection of Freshly Made Cakes & Traybakes

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Daily
Available All Week

Selection of hot bacon, sausage & egg baps, jacket potatoes and toppings. Filled Sandwiches, wraps, baps & baguettes, freshly made salads, fruit pots and an array of cold deserts. Please let us know if you have any special dietary requirements

Lower Carbon Footprint
 Vegetarian
 Vegan

Allergen information may be obtained verbally by contacting the Catering Manager

Iceni Academy Secondary Menu {Week 2}



Week Commencing: 2nd Mar, 23rd Mar, 13th Apr, 4th May, 15th Jun, 6th Jul

Monday

Tuesday

Wednesday

Thursday

Friday

Main Option One

Beef Meatballs
Served with Creamy Mash, Peas & Gravy

Sweet & Sour Chicken
Served with Fluffy Rice & Baby Corn

Herby Roast Chicken
Yorkshire Pudding, Roasters, Mixed Vegetables & gravy

Beef Bolognese
Served with Pasta, Peas, Sweetcorn & Garlic Bread

'Fish & Chips'
Peas, Beans Or Curry Sauce

Main Option Two

Quorn Meatballs
Served with Creamy Mash, Peas & Gravy

BBQ Quorn Pasta
Served with Mixed Vegetables

Roast Quorn Fillet
Yorkshire Pudding, Roasters, Mixed Vegetables & gravy

Vegetable Bolognese
Served with Pasta, Peas, Sweetcorn & Garlic Bread

Fishless Fingers
Chips, Beans or Curry Sauce

Grab & Go

Pizzas, Bagels/Paninis
Pretzels,
Chicken Wings

Pizzas, Bagels/Paninis
Burritos,
Potato Wedges

Pizzas, Bagels/Paninis
Chicken Drumsticks,
Pan au chocolate

Pizzas, Bagels/Paninis
Hotdogs,
Cheese Twists

Pizzas, Bagels/Paninis
Hash Browns

Dessert

See Our Daily Selection
of Freshly Made Cakes
& Traybakes

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& Traybakes

Daily Available All Week

Selection of hot bacon, sausage & egg baps, jacket potatoes and toppings. Filled Sandwiches, wraps, baps & baguettes, freshly made salads, fruit pots and an array of cold deserts. Please let us know if you have any special dietary requirements

Lower Carbon Footprint
 Vegetarian
 Vegan

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Iceni Academy Secondary Menu {Week 3}



Week Commencing: 9th Mar, 20th Apr, 11th May, 1st Jun, 22nd Jun, 13th Jul

Monday

Tuesday

Wednesday

Thursday

Friday

Main Option One

'Pasta Bar'

Select Your Favourite Sauce & Topping

Crispy Cod Fillets

Served with Potato Wedges & Mushy Peas

Prime Beef Pie

Baked with Pastry
Served with Creamy Mash & Baby Carrots

Indian Chicken Curry

Served with Pilau Rice & Naan Bread

Chicken Goujons

Served with Chips & Baked Beans

Main Option Two

'Pasta Bar'

Select Your Favourite Sauce & Topping

Crispy Quorn Fingers

Served with Potato Wedges & Mushy Peas

Tomato & Basil Pasta

Served with Baby Carrots & Garlic Bread

Vegetable Tikka

Served with Pilau Rice & Naan Bread

Quorn Nuggets

Served with Chips & Baked Beans

Grab & Go

Pizzas, Bagels/Paninis
Steak Slice

Pizzas, Bagels/Paninis
Potato Totts,
Sausage Roll

Pizzas, Bagels/Paninis
Popcorn Chicken,
Choc Twists

Pizzas, Bagels/Paninis
Beef Burger,
Chicken in Pitta Bread

Pizzas, Bagels/Paninis
Hash Browns

Dessert

See Our Daily Selection of Freshly Made Cakes & Traybakes

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See Our Daily Selection of Freshly Made Cakes & Traybakes

Daily

Available All Week

Selection of hot bacon, sausage & egg baps, jacket potatoes and toppings. Filled Sandwiches, wraps, baps & baguettes, freshly made salads, fruit pots and an array of cold deserts. Please let us know if you have any special dietary requirements

Lower Carbon Footprint
(v) Vegetarian
(ve) Vegan

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