AREA	POSSIBLE ACTIVITIES FROM NC	ADDITIONAL ICENI ACTIVITIES	Y7	Y8	Y9	Y10	Y11
Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games	Badminton, basketball, cricket, football, hockey, netball, rounders, rugby and tennis	Handball, ultimate frisbee, volleyball, dodgeball, table tennis	Y	Y	Y	Y	Y
Develop their technique and improve their performance in other competitive sports	Athletics and gymnnastics	Cross country	Y	Y	Y	Y	
Perform dances using advanced dance techniques within a range of dance styles and forms		Dance	Y				
Take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group		OAA, Capture the Flag	Y	Y	Y	Y	Y
Analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best		Multiskills, Circuits, PEP lessons, Cross Country, Athletics tracker booklets	Y	Y	Y	Y	Y
Take part in competitive sports and activities outside school through community links or sports clubs.		Extra Curricular Clubs	Y	Y	Y	Y	Y