



2 October 2026

Dear Parent/Carers,

I am writing to share with you that over the course of next week we will be focusing on World Mental Health Day, which is taking place on Saturday 10th October. We have a range of exciting next steps we are taking within the Academy, in an area which we are committed to making a difference.

Throughout the week, each year group will have an assembly on Mental Health, focusing on the World Mental Health Day theme 'Lived experiences heard: real voices, real change,' along with partaking in Tutor activities throughout the week focusing on building positive mental health.

Within this, we will be launching our student support space, called 'Compass,' allowing students to drop in, at breaktime, and speak with a member of staff about any support in and out of school. These drop-ins will be advertised around school and shared during assemblies and tutor times. Our tagline 'helping students find direction, support and solutions' is the basis of enabling students voices be heard, and highlights that any concern can be brought forward.

As the World Mental Health Day theme also closely links with our Student Voice tagline 'Real Voice, Real Change' our Student Leadership Team are also going to be available for their Year Group, on their assembly day, to drop in and give suggestions on how they feel school can be improved, giving students another important voice on how they can shape their school.

We will also be taking part in 'Hello Yellow' on Friday 9th October to raise awareness and funds for YoungMinds, the UK's leading charity for young people's mental health. Students will be allowed to wear one item of yellow, alongside their uniform, with a £1 donation welcomed to support this important cause. For example, a student could wear a yellow tie, yellow socks or even a yellow blazer, but all other uniform must be correct.

Parent/carers are also welcome to support and donate by following this link:
<https://fundraise.youngminds.org.uk/fundraisers/IceniAcademy/hello-yellow>

This is an important and exciting week ahead for our Academy, and one that shows the continued journey we are on as we embed further support for our students.

Many thanks

Mr Cooper
Designated Safeguarding Lead